

# Dragons in Your Garden



**Ruth Carruthers, Scottish Dragon Finder Project Manager**









*“No one will protect what they don’t care about; and no one will care about what they have never experienced.”*

– David Attenborough





Studies have shown that outdoor education is proven to positively influence the **behaviour** and **self-discipline** of young people and enhances **emotional development**.

Contact with nature has also been linked to reduced **crime** and **aggression**, and improved community **integration** and **mental health**.









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*"I have done good work today."* **Student**

*"Everyday that I work at Green Routes I leave having learned something new."* **Volunteer**

*"He was an angry, frustrated young man until coming to Green Routes and now he's settled and happy with a purpose to his life."* **Parent**



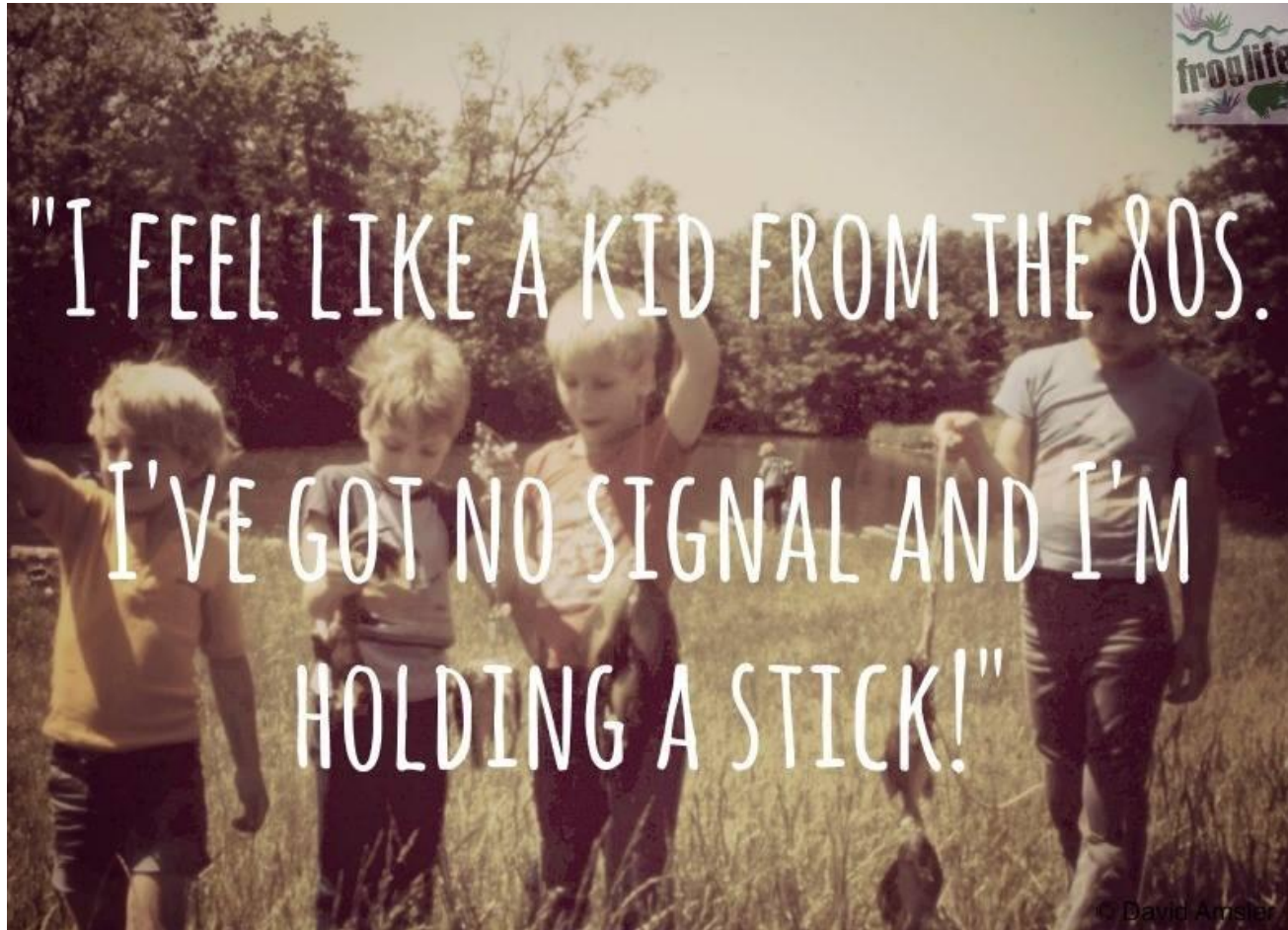
# Glasgow Green Pathways

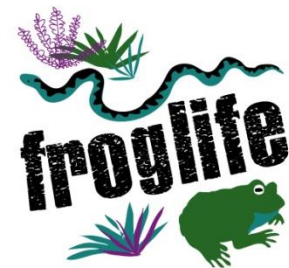




**Young people talk about  
working with Froglife**







**Thank you!**

